

## Learning & Development Programme – 2018-2019

BEXLEYHEATH		
DATE, TIMES & VENUE	EVENT & FACILITATOR	Course Content
<p>Wednesday 26th September 2018 - Times - 10am – 2.15pm @ Kings House, 7 Princes Street, Bexleyheath</p>	<p>First Aid with Paediatric Element – Mediaid – (Core Training Session)</p> <p>(Carers are invited to this session when their First Aid is due)</p>	<ul style="list-style-type: none"> <li>• Resuscitation of adults, CAYP &amp; babies</li> <li>• Choking</li> <li>• Wound &amp; burns injury treatment</li> <li>• Signs &amp; symptoms of diabetes (low blood sugar)</li> <li>• Seizures</li> <li>• Allergic reaction</li> <li>• Signs &amp; symptoms of an asthma attack</li> </ul>
<p>Thursday 11<sup>th</sup> October 2018 - Times - 10am – 2.15pm @ Kings House, 7 Princes Street, Bexleyheath</p>	<p>The Childs World – Section 31</p> <p>(This covers elements of Attachment &amp; Therapeutic Fostering)</p>	<ul style="list-style-type: none"> <li>• Helping Children &amp; Young People to manage their own behaviour</li> <li>• Development of the human conscience from birth to adulthood</li> <li>• What is normal? What does it mean to adults? What does it mean to a child?</li> <li>• The consequences of blame upon the child</li> <li>• Common outcomes for care leavers, current issues</li> <li>• Understanding the impacts of multiple placements moves</li> <li>• Understanding the inner child &amp; feelings involved in bad behaviour</li> <li>• Link emotions to actions</li> <li>• To emotionally impact the group positively, helping carers to feel the emotions of children in care &amp; understand how children feel</li> </ul>
<p>Wednesday 17<sup>th</sup> October 2018 - Times - 10am – 2.15pm @ Kings House, 7 Princes Street, Bexleyheath</p>	<p>Diversity &amp; Equality/GDPR Training - Data Protection Training for Foster Carers – Joanna Oliver – Chrysalis Care Fostering</p> <p>(This covers elements of Record Keeping Core Training)</p>	<ul style="list-style-type: none"> <li>• Explore the meaning of equality and diversity</li> <li>• Consider the impact of new legislation, related to equality matters</li> <li>• Understand the significance of Equality and Diversity to the fostering role</li> </ul>

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		<ul style="list-style-type: none"> <li>• New data protection regulations with regard to fostering</li> </ul>
<p>Tuesday 13<sup>th</sup> November 2018 - Times - 10am – 2.15pm @ Kings House, 7 Princes Street, Bexleyheath</p>	<p>Safeguarding/Child Protection Working Together – Ken Palmer – (Core Training Session)</p> <p>It is a requirement that all approved Foster Carers complete this course annually</p> <p><b>(Carers are invited to this session)</b></p>	<ul style="list-style-type: none"> <li>• Child Protection/ Safeguarding their importance for foster carers</li> <li>• Recognise indicators of child abuse</li> <li>• What to do if you have concerns about a child</li> <li>• Legal &amp; Policy framework of Safeguarding</li> <li>• Promote Proactive Safeguarding</li> </ul>
<p>Wednesday 28<sup>th</sup> November 2018 - Times 10am – 2.15pm @ Kings House, 7 Princes Street, Bexleyheath DA7 4BQ</p>	<p>Child Development/Attachment – Jo Oliver – Chrysalis Care Fostering</p> <p>(Core Training)</p> <p>(Covers elements of developmental delay)</p>	<ul style="list-style-type: none"> <li>• Explore models for child development</li> <li>• Consider variants upon developmental milestones and expectations</li> <li>• Understand how child development relates to other aspects of the fostering role</li> <li>• Identify own attachment patterns</li> <li>• Recognise some theory in relation of attachment &amp; other theory</li> <li>• Consider how to nurture attachments in others</li> </ul>
<p>Tuesday 11<sup>th</sup> December 2018 - Times 10am – 2.15pm @ Kings House, 7 Princes Street, Bexleyheath DA7 4BQ</p>	<p>Anger Management &amp; Challenging Behaviour in Adolescents – Steve Henfrey</p> <p>(This covers elements of Behaviour Management Core Training)</p>	<ul style="list-style-type: none"> <li>• Understand what we mean by challenging behaviour</li> <li>• Recognise the importance of contributory factors (the environment and ourselves)</li> <li>• Explore the importance of facilitating a positive environment</li> <li>• Have increased confidence in managing a situation/incident containing challenging &amp; threatening behaviour within the context of roles, responsibilities &amp;</li> </ul>

## Learning & Development Programme – 2018-2019

		<p>professional boundaries</p> <ul style="list-style-type: none"> <li>• Identify what works</li> <li>• Explore the importance of debrief through reflective practice in order to better manage possible future incidents</li> <li>• Evaluate the learning</li> </ul>
<p>Wednesday 9<sup>th</sup> January 2019 – Times 10am – 2.15pm @ Kings House, 7 Princes Street, Bexleyheath</p>	<p>Online Safety/Internet Grooming – Jonathan Taylor – Be Safe On-line</p> <p>(This covers elements of Safeguarding/CSE Core Training)</p> <p>(Carers are invited to this session)</p>	<p>TBC</p>
<p>Thursday 31<sup>st</sup> January 2019 - Times 10am – 2.15pm @ Kings House, 7 Princes Street, Bexleyheath DA7 4BQ</p>	<p>Understanding Addictions – Social Care Training Solutions</p>	<ul style="list-style-type: none"> <li>• Define dependency.</li> <li>• Distinguish dependencies from habits, and identify the signs of dependency.</li> <li>• Discuss the addictive process, the physiology of dependency, and the biopsychosocial model of dependency.</li> <li>• Describe types of dependencies, including gambling, work, exercise, sexual, and Internet dependencies, as well as codependence.</li> <li>• Consider support strategies for your young person</li> </ul>

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<p><b>Tuesday 12<sup>th</sup> February 2019 – Times 10am – 2.15pm @ Kings House, 7 Princes Street, Bexleyheath DA7 4BQ</b></p>	<p><b>Neuroscience, Child Behaviour &amp; Managing Behaviour – Catherine Benson – Chrysalis Care Fostering</b></p> <p><b>(This covers elements of Behaviour Management Core Training)</b></p>	<ul style="list-style-type: none"> <li>• <b>About the brain</b></li> <li>• <b>Brain development &amp; impact of abuse &amp; wellbeing of the foetus</b></li> <li>• <b>The impact that these can have on a child after birth</b></li> <li>• <b>Strategies and brain games to help children &amp; young people with issues</b></li> <li>• <b>Relearn how to better manage self</b></li> <li>• <b>Emotional intelligence &amp; resilience</b></li> </ul>
<p><b>Thursday 28<sup>th</sup> February 2019 – Times 10am – 2.15pm @ Kings House, 7 Princes Street, Bexleyheath DA7 4BQ</b></p>	<p><b>Caring for Asylum Seeking Refugee &amp; Unaccompanied Minors – Social Care Training Solutions</b></p>	<ul style="list-style-type: none"> <li>• <b>An in-depth understanding of the experience of being and unaccompanied asylum seeking or refugee child</b></li> <li>• <b>Awareness of the UK asylum seeking process and legal framework</b></li> <li>• <b>Understanding of the needs of asylum seeking and refugee children</b></li> <li>• <b>Know how to meet the needs of unaccompanied asylum seeking and refugee children more effectively</b></li> <li>• <b>Clarity around your own values and beliefs about this client group</b></li> </ul>

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<p>Wednesday 6<sup>th</sup> March 2019 - Times 10am – 2.15pm @ Kings House, 7 Princes Street, Bexleyheath DA7 4BQ</p>	<p><b>Creative Ways of Engaging Young People</b> – Section 31 – Scott King</p> <p>(Covers promoting building self-esteem and therapeutic fostering)</p> <p>(You must complete a Childs World before attending this session)</p>	<ul style="list-style-type: none"> <li>• Geocaching: Carers will learn about geocaching &amp; create geocaches</li> <li>• Understand places of attachment &amp; neutral places</li> <li>• Dealing with challenging behaviours in a constructive way</li> <li>• Alternative ways of saying no</li> <li>• Helping children break free from chaos</li> <li>• Building self-esteem &amp; self worth</li> <li>• Feeling rolls: Understand how to create a feelings roll &amp; how this can be used to help children express their feelings</li> <li>• Learn how to make play dough &amp; salt dough</li> <li>• Making boring things fun</li> <li>• Engaging with older young people</li> <li>• Clay-play, helping children express feelings with clay</li> </ul>
<p>Wednesday 27<sup>th</sup> March 2019 - Times 10am – 2.15pm @ Kings House, 7 Princes Street, Bexleyheath DA7 4BQ</p>	<p><b>Working with Professionals &amp; Record Keeping</b> – Chrysalis Care Fostering- Joanna Oliver</p> <p>(Core Training Session)</p>	<ul style="list-style-type: none"> <li>• Roles &amp; responsibilities of the team</li> <li>• Roles of Foster Carers, Social Workers, Health &amp; Education Professionals</li> <li>• Legal Framework for planning &amp; reviewing children’s care</li> <li>• How Foster Carers can best communicate &amp; negotiate with other professionals</li> </ul>

## Learning & Development Programme – 2018-2019

<p>Tuesday 2<sup>nd</sup> April 2019 - Times 10am – 2.15pm @ Kings House, 7 Princes Street, Bexleyheath DA7 4BQ</p>	<p>Safeguarding/Child Protection Working Together – Ken Palmer – (Core Training Session)</p> <p>It is a requirement that all approved Foster Carers complete this course annually</p>	<ul style="list-style-type: none"> <li>• Child Protection/ Safeguarding their importance for foster carers</li> <li>• Recognise indicators of child abuse</li> <li>• What to do if you have concerns about a child</li> <li>• Legal &amp; Policy framework of Safeguarding</li> <li>• Promote Proactive Safeguarding</li> <li>• Child Sexual Exploitation</li> <li>• FGM</li> </ul>
<p>Wednesday 15<sup>th</sup> May 2019 - Times 10am – 2.15pm @ Kings House, 7 Princes Street, Bexleyheath DA7 4BQ</p>	<p>Bereavement &amp; Loss – Julie Ellison</p> <p>(This covers elements of Attachment training)</p>	<p>TBC</p>
<p>Tuesday 11<sup>th</sup> June 2019 - Times 10am – 2.15pm @ Kings House, 7 Princes Street, Bexleyheath DA7 4BQ</p>	<p>Understanding Trauma – Social Care Training Solutions</p> <p>(Covers Therapeutic Fostering)</p>	<ul style="list-style-type: none"> <li>• Understanding the national profile of trauma</li> <li>• The biological and psychosocial implications of experiencing trauma</li> <li>• Identify the symptoms of exposure to trauma</li> <li>• How to establish a therapeutic relationship</li> <li>• Understand the roots of negative behaviours in young people</li> <li>• Overview of Adverse Childhood Experiences (ACE), PTSD and Hypervigilance</li> <li>• Gain strategies to help support</li> </ul>

## Learning & Development Programme – 2018-2019

		<p>children and young people through change</p> <ul style="list-style-type: none"> <li>• Explore the strategy of trauma recovery and what constitutes therapeutic care</li> </ul>
<p>Wednesday 26<sup>th</sup> June &amp; Wednesday 3<sup>rd</sup> July 2019 - Times 10am – 2.15pm @ Kings House, 7 Princes Street, Bexleyheath DA7 4BQ</p>	<p>Safe Handling &amp; De Escalation – Shades Training (Core Training)</p>	<ul style="list-style-type: none"> <li>• Dealing with difficult &amp; potentially dangerous situations</li> <li>• Skills &amp; strategies to reduce the need for physical intervention</li> <li>• Government guidelines</li> <li>• Signs &amp; symptoms of aggression</li> <li>• Triggers &amp; button pushing</li> <li>• Physical intervention</li> <li>• Legal considerations</li> </ul>
<b>LONDON COHORTS</b>		
<p>Tuesday 9<sup>th</sup> October 2018 – Times 10am – 2.30pm @ Anerley Halls, Crystal Palace SE20 8BD</p>	<p>Diversity &amp; Equality/GDPR Data protection training for foster carers – Joanna Oliver – Chrysalis Care Fostering (Core Training)</p>	<ul style="list-style-type: none"> <li>• Explore the meaning of equality and diversity</li> <li>• Consider the impact of new legislation, related to equality matters</li> <li>• Understand the significance of Equality and Diversity to the fostering role</li> <li>• New data protection regulations with regard to fostering</li> </ul>

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<p>Tuesday 20<sup>th</sup> November 2018 – Times 10am – 2.30pm @ Anerley Halls, Crystal Palace SE20 8BD</p>	<p>Understanding Trauma – Social Care Training Solutions</p> <p>(Covers Therapeutic Fostering)</p>	<ul style="list-style-type: none"> <li>• Understanding the national profile of trauma</li> <li>• The biological and psychosocial implications of experiencing trauma</li> <li>• Identify the symptoms of exposure to trauma</li> <li>• How to establish a therapeutic relationship</li> <li>• Understand the roots of negative behaviours in young people</li> <li>• Overview of Adverse Childhood Experiences (ACE), PTSD and Hypervigilance</li> <li>• Gain strategies to help support children and young people through change</li> <li>• Explore the strategy of trauma recovery and what constitutes therapeutic care</li> </ul>
<p>Tuesday 4<sup>th</sup> December 2018 – Times 10am – 2.30pm @ Anerley Halls, Crystal Palace SE20 8BD</p>	<p>Child Development/Attachment – Jo Oliver – Chrysalis Care Fostering</p> <p>(Core Training)</p>	<ul style="list-style-type: none"> <li>• Explore models for child development</li> <li>• Consider variants upon developmental milestones and expectations</li> <li>• Understand how child development relates to other aspects of the fostering role</li> <li>• Identify own attachment patterns</li> <li>• Recognise some theory in relation of attachment &amp; other theory</li> <li>• Consider how to nurture attachments in others</li> </ul>
<p>Wednesday 9<sup>th</sup> January 2019 – Times 10am – 2.30pm @ Anerley Halls, Crystal Palace SE20 8BD</p>	<p>Creative Ways of Engaging Young People – Section 31 – Scott King</p> <p>(This course promotes self-esteem and covers elements of therapeutic fostering)</p>	<ul style="list-style-type: none"> <li>• Geocaching: Carers will learn about geocaching &amp; create geocaches</li> <li>• Understand places of attachment &amp; neutral places</li> <li>• Dealing with challenging behaviours in a constructive way</li> </ul>



## Learning & Development Programme – 2018-2019

		<ul style="list-style-type: none"> <li>• Alternative ways of saying no</li> <li>• Helping children break free from chaos</li> <li>• Building self-esteem &amp; self worth</li> <li>• Feeling rolls: Understand how to create a feelings roll &amp; how this can be used to help children express their feelings</li> <li>• Learn how to make play dough &amp; salt dough</li> <li>• Making boring things fun</li> <li>• Engaging with older young people</li> <li>• Clay-play, helping children express feelings with clay</li> </ul>
<p>Wednesday 13<sup>th</sup> February 2019 - Times 10am – 2.30pm @ Anerley Halls, Crystal Palace SE20 8BD</p>	<p>Working with Professionals/Record Keeping  (Core Training)</p>	<ul style="list-style-type: none"> <li>• Roles &amp; responsibilities of the team</li> <li>• Roles of Foster Carers, Social Workers, Health &amp; Education Professionals</li> <li>• Legal Framework for planning &amp; reviewing children’s care</li> <li>• How Foster Carers can best communicate &amp; negotiate with other professionals</li> </ul>
<p>Wednesday 13<sup>th</sup> March 2019 - Times 10am – 2.30pm @ Anerley Halls, Crystal Palace SE20 8BD</p>	<p>Anger Management &amp; Challenging Behaviours in Adolescents  (This covers elements of Behaviour Management Core Training)</p>	<ul style="list-style-type: none"> <li>• Understand what we mean by challenging behaviour</li> <li>• Recognise the importance of contributory factors (the environment and ourselves)</li> <li>• Explore the importance of facilitating a positive environment</li> <li>• Have increased confidence in managing a situation/incident containing challenging &amp; threatening behaviour within the context of roles, responsibilities &amp; professional boundaries</li> <li>• Identify what works</li> <li>• Explore the importance of debrief through reflective practice in order to better manage possible</li> </ul>

## Learning & Development Programme – 2018-2019

		<p>future incidents</p> <ul style="list-style-type: none"> <li>• Evaluate the learning</li> </ul>
<p>Tuesday 14<sup>th</sup> May 2019 - Times 10am – 2.30pm @ Anerley Halls, Crystal Palace SE20 8BD</p>	<p>Understanding Addictions – Social Care Training Solutions</p>	<ul style="list-style-type: none"> <li>• Define dependency.</li> <li>• Distinguish dependencies from habits, and identify the signs of dependency.</li> <li>• Discuss the addictive process, the physiology of dependency, and the biopsychosocial model of dependency.</li> <li>• Describe types of dependencies, including gambling, work, exercise, sexual, and Internet dependencies, as well as codependence.</li> <li>• consider support strategies for your young person</li> </ul>
<b>Kent</b>		
<p>Thursday 27<sup>th</sup> September 2018 - Times 10am – 2.30pm @ Riverside Church, Whitstable CT5 3JQ</p>	<p>First Aid with Paediatric Element – Mediaid – (Core Training Session)</p> <p><b>(Carers are invited to this session when their First Aid is due)</b></p>	<ul style="list-style-type: none"> <li>• Resuscitation of adults, CAYP &amp; babies</li> <li>• Choking</li> <li>• Wound &amp; burns injury treatment</li> <li>• Signs &amp; symptoms of diabetes (low blood sugar)</li> <li>• Seizures</li> <li>• Allergic reaction</li> <li>• Signs &amp; symptoms of an asthma attack</li> </ul>
<p>Wednesday 14<sup>th</sup> November 2018 – Times 10am – 2.30pm @ Riverside Church, Whitstable, Kent CT5 3JQ</p>	<p>Diversity &amp; Equality/GDPR Training - Data Protection Training for Foster Carers – Joanna Oliver – Chrysalis Care Fostering</p> <p>(This covers elements of Record Keeping Core Training)</p>	<ul style="list-style-type: none"> <li>• Explore the meaning of equality and diversity</li> <li>• Consider the impact of new legislation, related to equality matters</li> <li>• Understand the significance of Equality and Diversity to the fostering role</li> <li>• New data protection regulations with regard to fostering</li> </ul>

## Learning & Development Programme – 2018-2019

<p>Thursday 6<sup>th</sup> December 2018 – Times 10am – 2.30pm @ Riverside Church, Whitstable, Kent CT5 3JQ</p>	<p>Creative Ways of Engaging Young People – Section 31 – Scott King</p>	<ul style="list-style-type: none"> <li>• Geocaching: Carers will learn about geocaching &amp; create geocaches</li> <li>• Understand places of attachment &amp; neutral places</li> <li>• Dealing with challenging behaviours in a constructive way</li> <li>• Alternative ways of saying no</li> <li>• Helping children break free from chaos</li> <li>• Building self-esteem &amp; self worth</li> <li>• Feeling rolls: Understand how to create a feelings roll &amp; how this can be used to help children express their feelings</li> <li>• Learn how to make play dough &amp; salt dough</li> <li>• Making boring things fun</li> <li>• Engaging with older young people</li> <li>• Clay-play, helping children express feelings with clay</li> </ul>
<p>Thursday 17<sup>th</sup> January 2019 - Times 10am – 2.30pm @ Riverside Church, Whitstable, Kent CT5 3JQ</p>	<p>Understanding Addictions – Social Care Training Solutions</p>	<ul style="list-style-type: none"> <li>• Define dependency.</li> <li>• Distinguish dependencies from habits, and identify the signs of dependency.</li> <li>• Discuss the addictive process, the physiology of dependency, and the biopsychosocial model of dependency.</li> <li>• Describe types of dependencies, including gambling, work, exercise, sexual, and Internet dependencies, as well as codependence.</li> <li>• Consider support strategies for your</li> </ul>
<p>Wednesday 6<sup>th</sup> February 2019 –</p>	<p>Child Development/Attachment – Joanna</p>	<ul style="list-style-type: none"> <li>• Explore models for child</li> </ul>



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<p>Times 10am – 2.30pm @ Riverside Church, Whitstable, Kent CT5 3JQ</p>	<p>Oliver – Chrysalis Care Fostering</p>	<p>development</p> <ul style="list-style-type: none"> <li>• Consider variants upon developmental milestones and expectations</li> <li>• Understand how child development relates to other aspects of the fostering role</li> <li>• Identify own attachment patterns</li> <li>• Recognise some theory in relation of attachment &amp; other theory</li> <li>• Consider how to nurture attachments in others</li> </ul>
<p>Thursday 25th April 2019 - Times 10am – 2.30pm @ Riverside Church, Whitstable, Kent CT5 3JQ</p>	<p>Working Together – Safeguarding/Child Protection – Ken Palmer (Core Training)</p> <p>It is a requirement that all approved Foster Carers complete this training annually</p> <p>(Carers are invited to this session)</p>	<ul style="list-style-type: none"> <li>• Child Protection/ Safeguarding their importance for foster carers</li> <li>• Recognise indicators of child abuse</li> <li>• What to do if you have concerns about a child</li> <li>• Legal &amp; Policy framework of Safeguarding</li> <li>• Promote Proactive Safeguarding</li> <li>• Child Sexual Exploitation</li> <li>• FGM</li> </ul>
<p>Thursday 16<sup>th</sup> May 2019 - Times 10am – 2.30pm @ Riverside Church, Whitstable, Kent CT5 3JQ</p>	<p>Anger Management &amp; Challenging Behaviours in Adolescents</p> <p>(This covers elements of Behaviour Management Core Training)</p>	<ul style="list-style-type: none"> <li>• Understand what we mean by challenging behaviour</li> <li>• Recognise the importance of contributory factors (the environment and ourselves)</li> <li>• Explore the importance of facilitating a positive environment</li> <li>• Have increased confidence in managing a situation/incident containing challenging &amp; threatening behaviour within the context of roles, responsibilities &amp; professional boundaries</li> <li>• Identify what works</li> <li>• Explore the importance of debrief through reflective practice in order to better manage possible</li> </ul>



## Learning & Development Programme – 2018-2019

		<ul style="list-style-type: none"> <li>future incidents</li> <li>Evaluate the learning</li> </ul>
<p>Wednesday 12<sup>th</sup> June 2019 - Times 10am – 2.30pm @ Riverside Church, Whitstable, Kent CT5 3JQ</p>	<p>Working with Professionals &amp; Record Keeping – Chrysalis Care Fostering- Joanna Oliver</p>	<ul style="list-style-type: none"> <li>Roles &amp; responsibilities of the team</li> <li>Roles of Foster Carers, Social Workers, Health &amp; Education Professionals</li> <li>Legal Framework for planning &amp; reviewing children’s care</li> <li>How Foster Carers can best communicate &amp; negotiate with other professionals</li> </ul>
<b>Luton</b>		
<p>Tuesday 20<sup>th</sup> November 2018 - Times 10am – 2.30pm @ Hightown Community Centre, Luton LU2 0JD</p>	<p>First Aid with Paediatric Element – Mediaid – (Core Training Session)</p> <p>(Carers are invited to this session when their First Aid is due)</p>	<ul style="list-style-type: none"> <li>Resuscitation of adults, CAYP &amp; babies</li> <li>Choking</li> <li>Wound &amp; burns injury treatment</li> <li>Signs &amp; symptoms of diabetes (low blood sugar)</li> <li>Seizures</li> <li>Allergic reaction</li> <li>Signs &amp; symptoms of an asthma attack</li> </ul>
<p>Cancelled January 2019 - Times 10am – 2.30pm @ Hightown Community Centre, Luton LU2 0JD</p>	<p>Understanding Addictions – Social Care Training Solutions</p>	<ul style="list-style-type: none"> <li>Define dependency.</li> <li>Distinguish dependencies from habits, and identify the signs of dependency.</li> <li>Discuss the addictive process, the physiology of dependency, and the biopsychosocial model of dependency.</li> <li>Describe types of dependencies, including gambling, work, exercise, sexual, and Internet dependencies, as well as codependence.</li> <li>Consider support strategies for your</li> </ul>
<p>Wednesday 27<sup>th</sup> March 2019 - Times 10am – 2.30pm @ Hightown</p>	<p>New Psychoactive Substances &amp; Drugs Awareness – Scott Henery -Social Care</p>	<ul style="list-style-type: none"> <li>Understand how and why patterns of drug use are changing</li> </ul>

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<p><b>Community Centre, Luton LU2 0JD</b></p>	<p><b>Training Solutions</b></p>	<ul style="list-style-type: none"> <li>• Understand the impact of new psychoactive substances ('legal highs')</li> <li>• Know and understand the various problems associated with polydrug use</li> <li>• Know what appropriate harm reduction advice to give to those using particular substances</li> <li>• Know where to go for further help, information and advice</li> </ul>
<p><b>Wednesday 15th May 2019 - Times 10am – 2.30pm @ Hightown Community Centre, Luton LU2 0JD</b></p>	<p><b>Anger Management &amp; Challenging Behaviours in Adolescents</b>  (This covers elements of Behaviour Management Core Training)</p>	<ul style="list-style-type: none"> <li>• Understand what we mean by challenging behaviour</li> <li>• Recognise the importance of contributory factors (the environment and ourselves)</li> <li>• Explore the importance of facilitating a positive environment</li> <li>• Have increased confidence in managing a situation/incident containing challenging &amp; threatening behaviour within the context of roles, responsibilities &amp; professional boundaries</li> <li>• Identify what works</li> <li>• Explore the importance of debrief through reflective practice in order to better manage possible future incidents</li> <li>• Evaluate the learning</li> </ul>
<p><b>TBC Times 10am – 2.30pm @ Hightown Community Centre, Luton LU2 0JD</b></p>	<p><b>GDPR Training - Data Protection Training for Foster Carers – Guardian Saints</b> (This covers elements of Record Keeping Core Training)</p>	<p>TBC</p>

As well as the above training we offer a range of on-line courses with Kate Cairns at two levels with lots of downloadable resources, please see the list below. There are also links on our website [www.chrysaliscarefostering.org](http://www.chrysaliscarefostering.org) for your Local Safeguarding Children Board training.

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If you are interested in any training being offered then please call Karen on 0208 298 2800 or e-mail [karen.young@chrysaliscare.org](mailto:karen.young@chrysaliscare.org) to book your place.

We also have two other courses that you can access on-line please use the links below and creating an account

[http://chrysalis-care-fostering-excellence-learning-space.thinkific.com/users/sign\\_in](http://chrysalis-care-fostering-excellence-learning-space.thinkific.com/users/sign_in)

### Level 3 Courses

Adolescence	Emotion Coaching
Assessing & Managing Risk	Equality & Diversity
Attachment & Brain Development	Foetal Exposure to Alcohol
Behaviour & the Physical Environment	Impulsive Behaviour
Brain Development & Positive Parenting	Men in Children Services
Building Resilience	Multi-Disciplinary Working
Child Development	Narrative Work
Child Protection	Parental Mental Health
Child Centred Assessment	Professional Development
Children's Rights	Safer Caring
Child Sexual Exploitation	Secondary Trauma
Communicating with CAYP	Self Harming Behaviours
Confidentiality & Record Keeping	Sexualised Behaviour in Foster Care
Contact in Foster Care	Teamwork
Domestic Violence	Transitions & Vulnerability
The Role of the Foster Carer	Understanding Trauma

### Level 4 Courses

Behaviour & the Physical Environment	Building Individual & Community Resilience
Emotion Coaching	Equality & Diversity in Professional Practice
Foetal Exposure to Alcohol	Maladaptive Behaviours
Narrative Work	Secondary Trauma & Community Resilience
Sexualised Behaviour	Supervising Foster Care
Vulnerability Trauma & Recovery	

At Chrysalis Care we also have certain resources that you can borrow, we have an extensive library and some DVD's that may be of interest to you, we will be adding to this list shortly. Please see below the current titles we currently have available in our lending library.

## Learning & Development Programme – 2018-2019

### DVD Library List

ATTACHMENT & HOLISTIC DEVELOPMENT
ATTACHMENT IN PRACTICE
BORN TO TALK
FALLING OUT
LEARNING THROUGH PLAY
LEARNING TO TALK
LIFE AT TWO
PLAY & DEVELOPMENT
THE WONDER YEAR
WATCH THE BABY
DEMYSTIFYING AUTISM
CHOICE MATTERS

### LIBRARY BOOK LIST

ATTACHMENT
ATTACHMENT TRAUMA & RESILIENCE
A CHILD'S JOURNEY TO RECOVERY
A MULTIDISCIPLINARY HANDBOOK OF CHILD & ADOLESCENT MENTAL HEALTH FOR FRONT-LINE PROFESSIONALS
ANGER MANAGEMENT GAMES FOR CHILDREN X 2
ART THERAPY AND ANGER
ASPERGER MEETS GIRL
ASPERGERS SYNDROME COMPLETE GUIDE
ATTACHMENT AND THE PERILS OF PARENTING
BEHAVIOUR (FOSTERING NETWORK)
BOYS WHO HAVE ABUSED
BUILDING THE BONDS OF ATTACHMENT
CHILDREN TALKING ABOUT BROTHERS AND SISTERS
COMPETENCE IN SOCIAL WORK PRACTICE
CONDUCT DISORDER AND OFFENDING BEHAVIOUR IN YOUNG PEOPLE

CONTACT
COOL CONNECTIONS WITH COGNITIVE BEHAVIOURAL THERAPY
CO-PRODUCTION AND PERSONALISATION IN SOCIAL CARE
CULTURE AND CHILD PROTECTION
CUTTING IT OUT
DELIBERATE SELF-HARM IN ADOLESCENCE



## Learning & Development Programme – 2018-2019

DELIVERING EVIDENCE-BASED THERAPEUTIC SUPPORT TO CHILDREN & FAMILIES
DEVELOPING ADVOCACY FOR CHILDREN AND YOUNG PEOPLE
EDUCATION
EFFECTIVE FOSTERING PANELS - BAAF
FAMILY TRENDS
FAMILY PRESERVATION A BRIEF THERAPY WORKBOOK - INSOO KIM BERG
FEELING CRAP
FOSTER CARE PLACEMENTS (WHY THEY SUCCEED & WHY THEY FAIL) - IAN SINCLAIR, KATE WILSON & IAN GIBBS
GETTING WISE TO DRUGS
GOOD PRACTICE IN THE LAW AND SAFEGUARDING ADULTS
GRIEF IN YOUNG CHILDREN
HARD TO REACH FAMILIES
HEALTH
HEALTH & WELL-BEING
HELPING ADOLESCENTS & ADULTS TO BUILD SELF-ESTEEM
HELPING CHILDREN TO BUILD SELF-ESTEEM
HIDDEN SELF-HARM
INTER-AGENCY TRAINING A PRACTICAL HANDBOOK - JO EDWARDS & ANE FREED-KERNIS
KIDS NEED
LEAVING CARE DIARIES - KATY TAYLOR
LIAM SAYS HI
LIAM SAYS SORRY
LIAM WINS THE GAME SOMETIMES
LISTENING TO CHILDREN
MAKING SPACES FOR COMMUNITY DEVELOPMENT
MANAGING DIFFICULT BEHAVIOUR
MANAGING MEN WHO SEXUALLY ABUSE
MANAGING SEX OFFENDER RISK
MANAGING UNCERTAINTY & CHANGE IN SOCIAL WORK & SOCIAL CARE - KEN JOHNSON & ISABEL WILLIAMS
MEANING & VALUES: DEVELOPING EMPOWERING PRACTICE
MIXED-UP KIDS?
MORALS, RIGHTS AND PRACTICE IN THE HUMAN SERVICES
MY MEMORY BOOK 0-4
MY MEMORY BOOK 8+
MY MEMORY BOOK 8+

## Learning & Development Programme – 2018-2019

NURTURING ATTACHMENTS
NURTURE GROUPS
OVERCOMING LOSS
PARENTAL LEARNING DISABILITY AND CHILDREN'S NEEDS
PARENTING PROGRAMMES FOR FAMILIES AT RISK
PASSIONATE SUPERVISION
PARTNERSHIP MADE PAINLESS - ROS HARRISON, GEOFFREY MANN, MICHAEL MURPHY, ALAN TAYLOR & NEIL THOMPSON
PROBLEM TO SOLUTION BRIEF WITH INDIVIDUALS & FAMILIES - EVAN GEORGE, CHRIS IVESON & HARVEY RATNER
PROFESSIONAL BOUNDARIES IN SOCIAL WORK & CARE - FRANK COOPER
PROFESSIONAL RISK
PROMOTING RESILIENCE IN THE CLASSROOM
RECOVERY FROM DEPRESSION
SAFER CARING
SAFE CONTACT
SELF-ESTEEM GAMES FOR CHILDREN
SELF-MANAGEMENT
SERVICE USER INVOLVEMENT
SETTING UP SUCCESS
SEXUAL OFFENDING AND MENTAL HEALTH
SHATTERED LIVES
SOCIAL SKILLS GAMES FOR CHILDREN
SOLUTION TALK HOSTING THERAPEUTIC CONVERSATIONS - BEN FURMAN & TAPANI AHOLA
SOULTION-FOCUSED THERAPY - BILL O' CONNELL & STEPHEN PALMER
SPIRITUAL DIMENSIONS
SPIRITUALITY, ETHICS AND CARE
SUPPORTING CHILDREN AND FAMILIES
SUPPORTING YOUNG PARENTS
THE ADVENTURES OF THE LITTLE TIN TORTOISE
THE ART OF HELPING OTHERS
THE COMPANION TO FOSTER CARE
THE INTEGRATED CHILDREN'S SYSTEM
THE LEAVING CARE HANDBOOK
THE MADNESS OF OUR LIVES
THE MANAGING CARE READER
THE MANAGING MENTOR
THE NATURE OF ADOLESCENCE

## Learning & Development Programme – 2018-2019

THE POCKET GUIDE TO RESTORATIVE JUSTICE
THE SECURE BASE MODEL - GILLIAN SCHOFIELD & MARY BEEK
THE POST QUALIFYING HANDBOOK FOR SOCIAL WORKERS
THE PROTECTORS HANDBOOK
THERAPY TO GO
THERAPY AS SOCIAL CONSTRUCTION - SHEILA MC NAMEE & KENNETH J GERGEN
THE RED BEAST
THINK PARENT
THE SOCIAL WORKER'S GUIDE TO CHILDREN & FAMILIES LAW
UNDERSTANDING ATTACHMENT AND ATTACHMENT DISORDERS
UNDERSTANDING DRUG ISSUES
WORKING TOGETHER TO SAFEGUARD CHILDREN (4 COPIES)
WORKING WITH CHILDREN & PEOPLE (NVQ COURSE BOOK) (3 COPIES)
WORKING WITH CHILDREN OF MIXED PARENTAGE
WORKING WITH GANGS AND YOUNG PEOPLE
WORKING WITH OFFENDERS
WORKING WITH SEX OFFENDERS IN PRISONS AND THROUGH RELEASE TO THE COMMUNITY
WORKING WITH YOUNG HOMELESS PEOPLE
WRITING WORKS
YOUNG CHILDREN'S RIGHTS
YOUNG PEOPLE IN CARE AND CRIMINAL BEHAVIOUR
YOUNG PEOPLE IN FOSTER AND RESIDENTIAL CARE